



East Sheen Primary School

Newsletter

29 January 2021

Well being



Next week is Children's Mental Health Week and a timely reminder, in the current circumstances, that looking after our mental health should be a top priority. Next week your teachers will be sharing ideas to promote this. pastoralcare@eastsheen.richmond.sch.uk

NSPCC Number Day

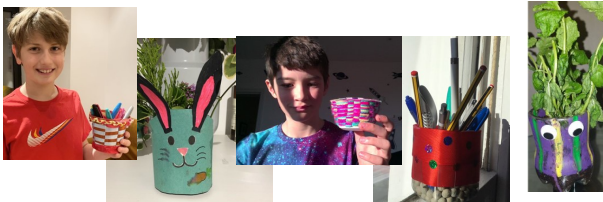
This year the date has moved from February to May 7th - details to follow nearer the time...

Thought for the Day



Green Projects

We have seen some amazing photos of your green projects, keep sending them to Ms Robinson via info@eastsheen.richmond.sch.uk A great way to take a break from a screen.



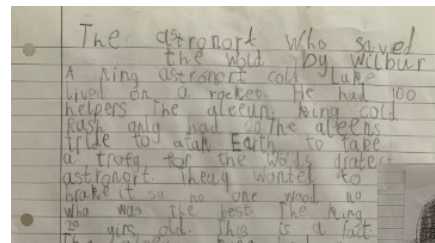
Printing Problems?

If you need to print and don't have the facility at home then Chesterton Estate Agents in Sheen are currently offering their services: please contact via sheenofficeusers@chestertons.co.uk or call 020 8104 0580.

Home Learning



Our Reception teachers are so impressed with the home learning that is taking place and they are really enjoying the reading sessions with their children. Miss Fernandez was delighted to receive an illustrated story from Wilbur about an astronaut who has saved the world. Here's the opening



If you are struggling with home learning, here are some tips to help you get back on track-

Write down an agreed plan for the day including time for breaks and fun! This might take the form of a timetable or tick sheet. Prepare to be flexible – every day may present different challenges. It's ok to have a plan B...

Prioritise Learning – focus on English and maths; watch all live sessions and videos

Read for pleasure – KS 1 approximately 10 minutes daily/ KS 2 approximately 20 minutes daily, if possible, either independently or with an adult or to a sibling.

Exercise daily – this is highly beneficial to learning and is an essential part of everyone's timetable.

Stick with it !