



East Sheen Primary School

Newsletter

22 January 2021

Well being



Don't forget the school now has a pastoral care email address for any concerns about wellbeing pastoralcare@eastsheen.richmond.sch.uk



This week staff have been completing surveys and sharing ideas to support their well-being.

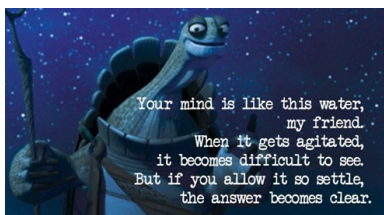
They have been thinking about their favourite mode of transport. Can you guess what it is?

(See below for the answer)



To support staff well-being and to help distinguish between work and home-life for those working at home we have introduced an email curfew amongst staff before **8.00am** and after **6.30pm**. Please could you ensure that your child is not contacting their teachers via Teams outside of these hours. Please also note that messages received outside of school hours may not receive an immediate response. Parents wishing to contact their teacher should use the usual route via in-fo@eastsheen.richmond.sch.uk. Any IT issues should be reported via it-issues@eastsheen.richmond.sch.uk.

Thought for the Day



Teams Tips



GIFs have been disabled on Teams to remind users that it is a learning platform.

Favourite transport : By train!

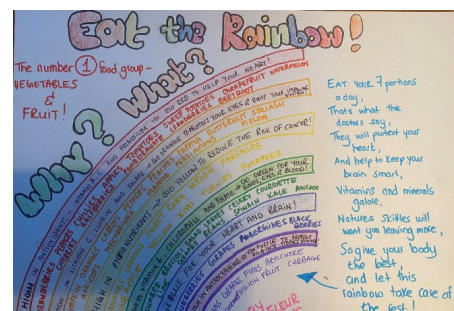
Home Learning



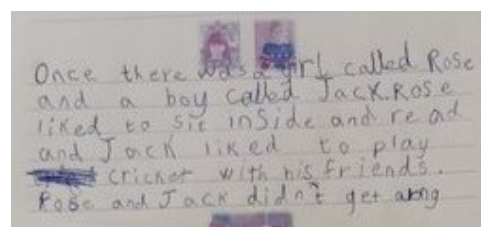
We continue to be extremely impressed by the engagement with home learning and the efforts and hard work of our wonderful children.

Remote learning does involve increased screen time so to encourage children to step away from the device we have gathered together some ideas for screen free fun. Please see page 2.

In Year 6 the children have been learning about different food groups and healthy diets. Especially important during a lockdown in January! They were tasked to make a presentation using the media of their choice. Fleur in 6Sa has created an eye catching poster using the image of the moment, a rainbow, to highlight the importance of eating fruit and vegetables.



Year 2 have continued to study books by the amazing author, Anthony Browne including the Tunnel, a story containing characters Jack and Rose. Rose in 2R has obviously been inspired by her namesake in the story. She has been working extremely hard at home and has retold the story beautifully. Here is an extract -



Screen Free Activities

<p>1</p> <p>Keepy-up challenge! How many can you do?</p> 	<p>2</p> <p>Find items in your house that begin with each letter A-Z.</p> 	<p>3</p> <p>Do some housework to help your parents!</p> 	<p>4</p> <p>Build a den!</p> 	<p>5</p> <p>STEM activity- try putting Mentos in some cola outside! What happens?</p> 
<p>6</p> <p>Idea/ wish jar- Places or things you'd love to go to/ see/ do.</p> 	<p>7</p> <p>Make your own jigsaw- cut up a picture and see your family can put it back together!</p> 	<p>8</p> <p>Create your own music/ song and record it!</p> 	<p>9</p> <p>Cook up a storm! Bake something together.</p> 	<p>10</p> <p>Spread smiles! Keep a note of things that make you/ your family smile.</p> 
<p>11</p> <p>Make a sock puppet!</p> 	<p>12</p> <p>Play a board game together.</p> 	<p>13</p> <p>Perform a role-play based on your favourite story.</p> 	<p>14</p> <p>Choreograph a new dance routine.</p> 	<p>15</p> <p>Plan a scavenger hunt with clues and a prize at the end!</p> 
<p>16</p> <p>Create a word search or crossword puzzle for your family to solve.</p> 	<p>17</p> <p>Make a poster showing all your favourite things.</p> 	<p>18</p> <p>Do some good deeds and make a list of them! Can you do one every day?</p> 	<p>19</p> <p>Create your own card game, such as snap (using your own pictures).</p> 	<p>20</p> <p>Surprise a friend, family member or neighbour with a letter to stay in touch!</p> 