

HEADSHIP HEADLINES

Leading & Managing East Sheen Primary School

As we race through the summer term we have started our reflections and self-evaluation of the 2015-2016 year. There are so many aspects of school life to celebrate, but we would like to give special focus in this newsletter to the impact of sport at East Sheen Primary School.

Promoting wellbeing and physical health

Wellbeing has been a school priority this year, and an important strand within this is physical health. In addition to the before and after school sports clubs, NSSport provide two coaches to run a range of activities and games for children to access during lunchtimes if they so wish. A staggering 1027 participants have been recorded so far (453 girls and 574 boys) across the year groups from Reception to Y6. Grandma's footsteps, hide 'n' find, fitness circuits, story time and team tag are just some of the activities enjoyed by the children and led by the coaches.



Competitive sport

There have been opportunities for children from Y1 to Y6 to represent the school in sporting competitions.

There have been matches and tournaments in girls' football for Y1, Y2 and Y3. Y2 boys - two teams as we have so much interest - will be competing in a tournament in June. Y4 have competed in mixed tag rugby and athletics. Children from Y3-Y6 competed in a cross country event and were overall runners up with Y3 winning gold. Y3-Y6 also competed in the swimming gala with the boys securing 2nd place in the borough. Seb is the borough champion in two individual events and Max is a silver medallist! Y5 and Y6 have competed in all borough competitions for netball, football (girls and boys) and tag rugby. We topped our group tables in netball, girls' football and boys' football, qualifying for the borough quarter finals. The girls went on to win the borough girls' football league. Development squads in Y5 and Y6, girls and boys, have also had the opportunity to compete in football tournaments. Still to come, we have the Y5 and Y6 kwik cricket, the borough athletics competition and friendly mixed netball matches for Y3 and Y4 in a tournament being organised with Lowther, Barnes and St Osmund's... and our own Sports' Day, of course!



This increase in events attended has already provided 206 additional opportunities for children to represent the school; it is no longer the case that this privilege is reserved exclusively for the older children which is something we have worked hard to achieve and will continue to develop.

The termly inter-house competitions have also been hugely successful, allowing all children the opportunity to compete in teams. This develops skills of cooperation and support as well as team spirit, raises self-esteem and builds resilience.

In addition to the excellent sports clubs run by external providers (karate, multi sports, hall sports, football, tennis, tag rugby, cricket) teachers have led running clubs, netball clubs, gymnastics clubs and hockey clubs as well as training for development squads. Parent volunteers have also led cross country training and cricket coaching.

Swimming, cycling and scooting training remain part of our regular sports curriculum. We will be participating in a "Walk to School Week" from 16th to 20th May.

The PTA organised the 5k and 2k fun runs at Palewell Park and the annual football tournament organised by NSSport and the PTA will soon be upon us (19th June). Mums and Dads enjoy the opportunity to play football and 29 dads are about to cycle to Paris to raise funds for the school. (We will wave them on their way on May 20th at 2.15pm.)

In September we will be introducing a new programme called "A mile a day". We will map out a safe route once

the compound to support the building works has been constructed and all children will be encouraged to run each day.

Of course sport is only part of what goes on at school, but when reviewing the year we were struck by the great progress and development in this area of the curriculum and felt it was something to shout about!

Thank you to all parents and staff who have given time to run clubs, transport and accompany children to events and support them from the side-lines. We can't do this without you!



And finally we would like to say a very special congratulations to the Y6 Girls' Football Team. The girls (pictured above) are this year's Richmond Borough Champions, having won the league. This is a magnificent achievement!

