



We hope you all had a lovely, restful holiday. We're excited to begin the spring term, which will be filled with learning, growth, and new opportunities for all.

Parent support / courses:

ADHD Embrace have several free upcoming events in January 2026. For more information and to book a place on these events, including sessions on: Exercise and ADHD; post-diagnosis workshops; and managing physical and aggressive child behaviour, please [click here](#).



Also, the **Mental Health Support Team** are offering a range of free webinars on the following topics this term: worries and anxiety; friendship difficulties; challenging behaviours; digital wellbeing; self-esteem; and transition to secondary school. For more information, booking a place and a link for self-referrals, please [click here](#).

There are places available on **free parenting groups** which will be starting this term in the Kingston borough:

[The Parenting Puzzle/Nurturing Program](#) for parents and carers of primary school aged children

[Workshops for parents of children aged up to 10 years](#)

[Teen Life](#) for parents and carers of children aged 10-16 years with a diagnosis of ASD



Year 6 raffle:

Well done to the children who organised the Year 6 raffle before the Christmas holidays. The students used their initiative and approached local businesses on the high street for donations and then organised a raffle using the generously donated prizes and raised an impressive £1,450 towards the Year 6 graduation.



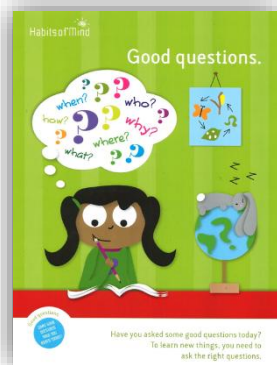
Helping Hands:

Well done to M in 1D for being our first Helping Hands winner for 2026. M was awarded the cup for being consistently kind, thoughtful, caring and helpful.



Thinking Schools

The two Habits of Mind we are focusing on this half term are:



Attendance:

School target: 97% Last week (before Christmas holiday): 90.4% Classes above target: 1

RD	88.7%	1B	90.2%	2N	85%	3G	85.5%	4D	92%	5B	97.5%	6B	89.6%
RG	95.3%	1D	86.2%	2S	89.3%	3K	96.4%	4F	87.4%	5C	90.7%	6C	91.5%
RM	83.1%	1L	91.3%	2SB	92.6%	3S	92.8%	4H	93.8%	5M	83.4%	6T	95%



East Sheen Primary School Newsletter Friday 9th January 2026



Scan the QR code for
online safety resources



Notices and reminders:

As the colder months are upon us, we are re-sharing our [chicken wish-list](#), which includes items to help keep our school chickens warm, healthy, and well cared for during the winter season. Any contributions, big or small, would be very gratefully received. Thank you, as always, for your continued support, Mrs Mitchell & the ESPS hens.



We were pleased to be awarded another 5-star food hygiene rating in our inspection on the 17th December!

We are excited to announce the ESPS PTA Fundraiser Bike Ride for 2026, a two-day event riding from East Sheen to Amsterdam in June 2026. Get ready to swap your regular commute for an incredible European adventure - this is your chance to take on a personal challenge, enjoy stunning scenery, and raise vital funds for the ESPS PTA!

We are also looking for corporate sponsors for jerseys and other elements. If you are a business owner or work for a business that would be interested to hear more, please reach out to the PTA.

Please register interest via the QR code on the flyer.

