



---

### Year 3 cooking:

Last Thursday, Year 3 enjoyed making a healthy wrap as part of their D&T cooking session. The children chose nutritious ingredients for their wraps and practised safe knife skills, cutting vegetables using claw and bridge methods.

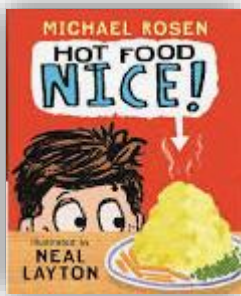
They had a great time making the wraps and really enjoyed eating them too.



---

### Poetry competition:

Inspired by Michael Rosen's brilliant poem "Hot Food: Nice!", Walker Books is challenging pupils to write their very own **funny food poem**. Whether it's about spine-tingling spaghetti, carrots from outer space or monsters who eat marmalade, the poem needs to do two things: 1. Be creative and 2. Be funny!



Key information:

- Poems should be no longer than **100 words**
  - Poems should be on the theme of **FUNNY FOOD**
  - Type the poems into a Word document, ensuring you include your first name, surname and age.
  - Please send your entry to [info@eastsheen.richmond.sch.uk](mailto:info@eastsheen.richmond.sch.uk)
- FAO: Victoria Strang
- **Deadline Wednesday 8th October**



---

This week marked Yom Kippur, the holiest day in the Jewish calendar. It is a time of reflection, atonement, and renewal for many in our community. And to those families who celebrated Rosh Hashanah last week, may we wish you a happy new year.



### **Micro-farming workshop:**

This week, Year 3 was visited by Graham from Accent Catering. They discussed the importance of reducing food waste and had a go at making a pea and feta salad which was served at the salad bar! All children planted some peas which they took home to eagerly watch turn into pea sprouts!



---

### **Fundraising:**

We raised a massive £649 for Jeans for Genes Day! Thank you so much to everyone who gave generously to such an important cause.

### **Easy fundraising:**

A reminder that if you shop online, the school can get donations from each purchase at no cost to you. All you need to do is [add the extension to your browser](#) for an easy reminder whenever you are buying online. Once you have an account set up, chose to [support the ESPS PTA](#). So far, it has raised a lot of money...for free!





### **Black History Month:**

We are celebrating Black History Month across the whole school this month, through assembly, singing assembly and lessons. For more information about BHM, and its theme 'Standing Firm in Power and Pride', please [click here](#).



---

### **NSPCC Kindness Week:**



Next week, we're celebrating NSPCC Kindness Week across the school. Children will take part in a range of activities that promote empathy, respect, and positive relationships. In class, pupils will create "kindness chains," and take part in role-play scenarios to explore how small acts of kindness can make a big difference. We're excited to see our school community shine with kindness!



### **Helping Hands cup:**

Our Helping Hands winner this week is A in 3K for his readiness to help, his reliability and thoughtful behaviour. Thank you, Alessandro, for being such a fantastic role model.

---

### **Sports Star:**

Congratulations to N in 5B for being our Sports Star champion this week. This is for fantastic leadership and an excellent attitude.

And congratulations to M in 6T for competing in a high-level Brazilian Jiu Jitsu competition last weekend where he won a hard-fought gold medal.





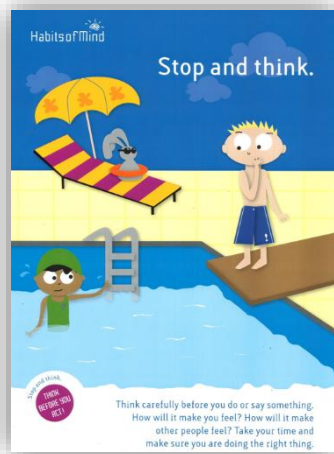
**Attendance:**

School target: 97%      Last week: 95.6%      Classes above target: 10

RD	97.6%	1B	93.7%	2N	98.6%	3G	97.2%	4D	100%	5B	97.6%	6B	92.6%
RG	88.7%	1D	98%	2S	97%	3K	94.8%	4F	97.3%	5C	99%	6C	93.1%
RM	89.7%	1L	100%	2SB	95.6%	3S	96.3%	4H	93.2%	5M	97.6%	6T	91.3%

**Thinking Schools**

The two Habits of Mind we are focusing on this half term are:



**Notices and reminders:**

Winter / Christmas cards – your child will be coming home with an order form for cards (and other items) based on their own individual design. For more information about how to order, please [click here](#).

For information about a coffee morning on Monday 13<sup>th</sup> October, for parents/carers of children with additional needs and the transition to secondary school, please [click here](#).