

# BREAKFAST Club



**NSSPORT'S BREAKFAST CLUB**  
 RUNS EVERY SCHOOL DAY DURING TERM TIME FROM  
**07:45-08:40**  
 EACH MORNING FOR EAST SHEEN PUPILS ONLY.  
 OUR CLUB IS LED BY A DEDICATED AND HIGHLY  
 QUALIFIED TEAM WHOSE PURPOSE IS TO ENSURE  
 THE CHILDREN HAVE AN ACTIVE START TO THEIR DAY.  
 WE WILL PROVIDE A TASTY BREAKFAST THROUGH  
 A VARIETY OF CEREALS, TOAST, FRUIT JUICE, MILK  
 AND WATER.



NSSport deliver a wide range of after school sport programmes to boys and girls in YEAR 1-6. The times for these programmes run from  
**15:15-16:30**

Children to wear sports clothing appropriate for the weather and bring a healthy snack and water bottle. Sessions will run regardless of weather conditions.



## AFTER SCHOOL SPORTS PROGRAMMES



# AFTER SCHOOL CARE

**AFTER SCHOOL CARE**  
 IS RUN EVERY SCHOOL DAY DURING TERM TIME BY NSSPORT EACH AFTERNOON FROM.

**15:15-18:00**

WE OFFER 3 AFTERNOON OPTIONS:  
 EARLY PLAY (15:15 - 16:30)  
 LATE PLAY (16:30 - 18:00) INC. LITE-BITE  
 FULL PLAY (15:15 - 18:00) INC. LITE-BITE  
 WE PROVIDE A TASTY LITE-BITE MEAL ON LATE + FULL PLAY OPTIONS.

**PLACES NEED TO BE BOOKED IN ADVANCE BY 12PM ON THE DAY OF ATTENDANCE**



## INSET DAY ACTIVITIES

NSSPORT PROVIDES A STRESS-FREE, QUALITY CHILDCARE ARRANGEMENT FOR WORKING PARENTS WHILE TEACHING STAFF ARE FULFILLING INSET COMMITMENTS. WE OFFER A NUMBER OF DAY OPTIONS:

STANDARD (09:45-16:15)  
 EXTENDED AM/PM (08:00-16:15) / (09:45-18:00)  
 EXTENDED (08:00-18:00)  
 \*PACKED LUNCH REQUIRED  
 \*\*WEAR WEATHER APPROPRIATE SPORTS CLOTHING

# INSET DAY ACTIVITIES

NSSPORT HOLIDAY ACTIVITIES RUNS DURING THE SCHOOL HOLIDAYS PROVIDING A WIDE RANGE OF SPORTS, ARTS & CRAFTS, AND LEISURE BASED GAMES FOR CHILDREN AGED 4-11 YEARS DURING THE SCHOOL HOLIDAYS. CHOOSE FROM STARS OR STRIKERS PROGRAMMES. WE OFFER A NUMBER OF DAY OPTIONS:

STANDARD (09:45-16:15)  
 EXTENDED AM (08:00-16:15)  
 EXTENDED PM (09:45-18:00)  
 EXTENDED (08:00-18:00)  
 \* PACKED LUNCH REQUIRED  
 \*\* WEAR WEATHER APPROPRIATE SPORTS CLOTHING



# NEXT STEP HOLIDAY ACTIVITIES

NS STARS

NS STRIKERS







## HOW TO MAKE A BOOKING

All bookings for EAST SHEEN are made via our website at [NSSPORT1.CO.UK](http://NSSPORT1.CO.UK)

If you haven't booked with us before you will need to register for an NSSport account. Registration is a one off process just so we have all the relevant information about your child as well as your contact details. Registration can be done via our website. Select the VENUE followed by the REGISTER button from the website header.

Once you have registered you will have access to our BOOKINGS area. Select the ACTIVITIES which you wish to book and add to your BASKET, then proceed to CHECKOUT to make payment. We accept a wide range of childcare vouchers for some of our services (a list can be found on our website within the FAQ section), and most debit and credit cards. Please ensure you select the correct CARD TYPE when entering your details and confirm your NAME and ADDRESS are filled in correctly as displayed on your card. Failure to do so may result in an unsuccessful booking. A booking confirmation email will be issued when payment has been made to confirm your child's place.

All bookings must be placed on our website and are allocated on a first come first serve basis. We are unable to reserve any places. Please make yourself familiar with our terms and conditions regarding all our policies prior to booking.



## WHAT SHOULD I BRING?

FOR CHILDREN THAT ARE ATTENDING OUR HOLIDAY OR INSET DAY ACTIVITIES WE ASK THAT:

- CHILDREN ARE DRESSED APPROPRIATELY FOR THE WEATHER + FOR PLAY
- A HEALTHY PACKED LUNCH WITH SNACKS AND A WATER BOTTLE, NO FIZZY DRINKS
- VENUES ARE NOT FREE, SO PLEASE SUPPORT US ENSURING ALL FOOD IS NOT FREE
- CHILDREN STAYING WITH US FOR EXTENDED PLAY MAY NEED AN EXTRA SNACK

FOR ALL OTHER ACTIVITIES:

- **AFTER SCHOOL SPORTS:** WEAR SPORTS CLOTHING FOR THE SESSION + BRING A WATER BOTTLE
- **AFTER SCHOOL CARE:** FOR SPECIFIC DIETARY REQUIREMENTS BRING YOUR OWN FOOD
- **BREAKFAST CLUB:** ARRIVE BY 8:20AM SO THAT YOUR CHILD HAS TIME TO EAT BREAKFAST

HAVING NSSPORT AS AN OPTION THROUGHOUT THE SCHOOL HOLIDAY IS FANTASTIC. WE KNOW ALL THE COACHES AND THEY GENUINELY CARE FOR MY CHILDREN'S SAFETY AND WELL-BEING AND TREAT THEM AS AN INDIVIDUAL WHICH IS GREAT

PARENT

NSSport has ensured that every single child has an equal opportunity to take part in sport.

TEACHER

CHILDREN FLOURISH IN THE WELCOMING, CHALLENGING AND EXTREMELY WELL-ORGANISED ENVIRONMENT. THEY ENTHUSIASTICALLY JOIN IN WITH ACTIVITIES, ARE INCREDIBLY CONFIDENT AND DEVELOP EXCEPTIONAL SOCIAL SKILLS AS THEY FORM POSITIVE RELATIONSHIPS WITH THE STAFF AND OTHER CHILDREN.

OFSTED

AT NSSPORT WE HAVE SO MUCH FUN LEARNING NEW SKILLS, PLAYING AND MAKING NEW FRIENDS THROUGH SPORT.

CHILD

[NSSPORT1.CO.UK](http://NSSPORT1.CO.UK)

[CONTACT@NSSPORT.CO.UK](mailto:CONTACT@NSSPORT.CO.UK)