

MENU WEEK 1



Don't forget to look out for **special day** menus & limited edition recipes from our **Colourfuel** monthly ingredients.



22 Jan, 19 Feb, 11 Mar

MON

TUE

WED

THU

FRI

MAINS #FreshFlavours

Cheese & Tomato Pizza
(G, Mk)

Honey & BBQ Glazed Chicken

Roast Turkey, gravy, Sage & onion stuffing balls
(G)

Chicken & Sweetcorn Puff Pastry Pie
(G, Mk)

Fish Fingers
(G, Su, F, E)

VEGGIE #MeatFree

Roast Vegetable Pizza
(G, Mk)

Honey & BBQ glazed grilled vegetables

Butternut Squash & Cherry Tomato Crumble
(G, Mk)

Creamy Vegetable Pot Pie
(G, Mk, E)

Cheese, Tomato & Roasted Onion Quiche
(G, Mk, E)

VEG #ExtraGood

Sweetcorn

Cauliflower

Carrots

Sweetcorn

Garden Peas

Broccoli

Steamed Cabbage

Green beans

Baked Beans

CARBS #FillingExtras

Savoury Rice

Roast potatoes

Fluffy Mashed Potato
(Mk)

Chips

PUDS #SweetTreat

Pear & Apple Crumble with Custard
(G, Mk)

Chocolate Marble Cake
(G, E)

Jelly

Apple & Sultana Flapjack
(G, Su)

Fruit Salad

ALLERGENS

Ce = Celery
Cr = Crustacean
E = Eggs
F = Fish

G = Cereals containing Gluten
L = Lupin
Mk = Milk

Mo = Molluscs
Mu = Mustard
N = Nuts
P = Peanuts

Se = Sesame Seeds
So = Soya
Su = Sulphur Dioxide

MENU WEEK 2



Don't forget to look out for **special day** menus & limited edition recipes from our **Colourfuel** monthly ingredients.



29 Jan, 26 Feb, 18 Mar

MON

TUE

WED

THU

FRI

MAINS #FreshFlavours

Sweet & Sour
Vegetable Stir-Fry
(G, Su)

Cottage Pie with
Crunchy Sweet
Potato Mash
(Su, So, Mk, Ce)

Roast Gammon,
Gravy, Sage & Onion
Stuffing Balls
(G)

Chicken Curry
(Ce, Mu)

Fish Fingers
(G, F)

VEGGIE #MeatFree

Veggie Burritos
(G)

Veggie Cottage Pie
with Crunchy Sweet
Potato Mash
(Su, So, Mk, Ce)

Hidden Veggie
Sausage Rolls
(G, E)

Vegetable Curry
(Ce, Mu)

Spinach & Mozzarella
Cannelloni Bake
(G, E, Mk)

VEG #ExtraGood

Peas
Sweetcorn

Steamed Broccoli
Cauliflower

Roasted Carrots
& Parsnips

Green Beans
Leeks

Garden peas
Baked beans

CARBS #FillingExtras

Egg Noodles
(G, E)

Roasted Potatoes

Steamed Rice

Chips

PUDS #SweetTreat

Sultana & Oat
Cookie Traybake
(G, E)

Lemon Curd Sponge
with Custard
(G, Mk, E)

Jelly

Chocolate Cake with
Chocolate Sauce
(G, Mk, E)

Fruit Salad

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MENU WEEK 3



Don't forget to look out for **special day** menus & limited edition recipes from our **Colourfuel** monthly ingredients.



5 Feb, 4 Mar, 25 Mar

MON

TUE

WED

THU

FRI

MAINS #FreshFlavours

Mac n' Cheese
(Mk, G)

Chilli Con Carne

Roast Pork, Gravy
& Apple Sauce

Sage & Onion
Stuffing Balls
(G)

Classic Bolognese
(Ce)

Fish Fingers
(G,F)

VEGGIE #MeatFree

Potato &
Chickpea Curry
(Mk, So)

Veggie Chilli
Con Carne

Cheesy Leek &
Carrot Crumble
(G, Mk)

Quorn Bolognese
(G, Ce, E)

Cheese & Onion
Puff Pastry Patty
(G, So, Mk, E)

VEG #ExtraGood

Sweetcorn

Carrots

Steamed Cabbage

Roasted Vegetables

Garden Peas

Cauliflower

Green beans

Leeks

Baked beans

CARBS #FillingExtras

Steamed rice
Garlic Bread (G)

Steamed Rice

Roast Potatoes

Fusilli Pasta (G)

Chips

PUDS #SweetTreat

Carrot Cake
(G, Mk, E)

White Chocolate &
Raspberry Cookie
(G, E, Mk, So)

Coconut
Carrot Slices
(G, E, Su)

Baked Vanilla
Cheesecake with
Forest Fruits
(G, Mk, E)

Fruit Salad

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containing Gluten
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Mu = Mustard
N = Nuts
P = Peanuts

Se = Sesame Seeds
So = Soya
Su = Sulphur Dioxide